

INFORMATION

Please call the WV Council for the Prevention of Suicide (Lora Lowdermilk, 304-296-1731 ext 4269) to register for Suicide Workshops in your area. The following is our tentative schedule for spring and summer 2010. There is a \$15 fee for the workshop. CEUs have been applied for through the WV Prevention Resource Center (www.PrevNet.org). Please make the check payable to Valley HealthCare System, In C/O WV Council for the Prevention of Suicide, 301 Scott Ave, Morgantown, WV 26508.

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|----------------------------------------------------------------------------------------|--------------------------------------------------|
| Friday, March 12 Valley HealthCare 301 Scott Avenue Morgantown, WV | Morgantown 296-1731 |
| Thursday, March 25 Comfort Suites 167 Elizabeth Pike Mineral Wells, WV | Mineral Wells 304-489-9600 |
| Thursday, May 20 Brier Inn 540 N Jefferson St. Lewisburg, WV | Lewisburg 304-645-7722 |
| Wednesday, May 26 Holiday Inn Express 805 Oakvale Rd Princeton, WV | Princeton 304-425-8156 |
| Friday, June 11 National Mining Academy 1301 Airport Rd Beaver, WV | Beckley 304-256-3100 |

www.wvsuicidecouncil.org

Cooperative effort between:

West Virginia Department of Health and
Human Resources

Valley HealthCare System

West Virginia Council for the
Prevention of Suicide

West Virginia Prevention Resource Center

The West Virginia Council for the Prevention of Suicide is funded by a federal block grant thru Bureau for Behavioral Health and Health Facilities.

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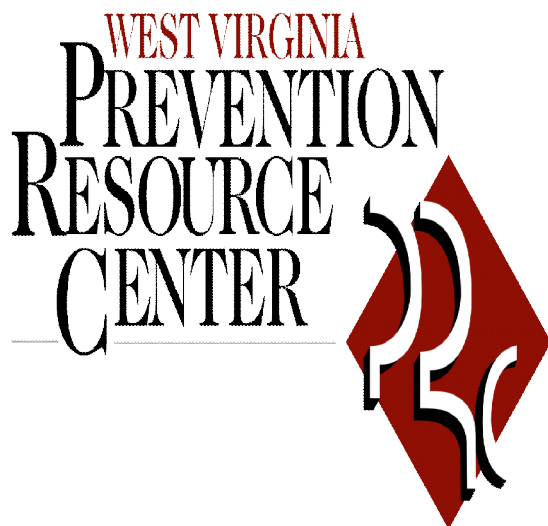
*Sponsored by the
West Virginia
Council for the
Prevention of
Suicide and the
West Virginia De-
partment of
Health and Hu-
man Resources
Bureau for Be-
havioral Health
and Health Facili-
ties*

MISSION: The mission of this Council is to reduce state-wide numbers of suicides through awareness trainings so we do not lose one citizen due to an act of suicide.

VISION: The vision of the West Virginia Council for the Prevention of Suicide is we will improve the health and wellness of West Virginians by reducing suicide and its devastating effect on individuals, families and communities.

The West Virginia Council for the Prevention of Suicide is governed by a board of directors. The board is comprised of representatives from state agencies, non-profit agencies, advocate groups, consumer groups, survivors of suicide, and primary care agencies.

CEUs have been applied for through WVPRC (www.prevnet.org).



WORKSHOPS WILL COVER SUICIDE AND DEPRESSION ACROSS THE LIFE SPAN

- A.1. We will look at the epidemiology of child, adolescents, young adult, adult and senior suicide.
2. We will look at age, gender and the ethnicity of suicide victims.
3. We will also look at ethnic rate and the geography of suicide in the United States.
- B.1. We will discuss the symptoms, types, and the treatment for depression for all age groups.
2. How depression affects suicide across all age groups.
3. Signs of depression and what family and friends may do to assist in obtaining services.
- C.1. We will look at the danger signs of suicide and also certain psychiatric problems that affect vulnerable persons across all ages.
2. How accessibility of firearms increase the risk of suicide.
- D. What can be done to **prevent** suicide
- E. Police Officers and Suicide
- F. Children and Suicide
- G. Relationship of Substance abuse and Suicide.

QUESTIONS

- Are you concerned about a loved one's mental health?
- Is your loved one showing signs of depression/ suicide?
- Is your loved one's behavior causing concern by indicating mental or emotional distress?
- Do you know where to go for crisis services for you or your loved one?

As a professional, do you know how to recognize the early warning signs of depression and suicidality?

As a professional, are you able to assess the potential for suicide in your clients?

National Suicide Lifeline

1-800-273-8255